

# Tuberculosis Discharge Planning Checklist

**According to the Texas Administrative Code, all correctional facilities must prepare a continuity of care plan for inmates receiving tuberculosis (TB) treatment prior to transfer to another facility or discharge to the community. ([TAC, Chapter 97, Rule 97.191](#)). The plan includes the following:**

## **Obtain Updated Contact Information**

- ☐ Document and confirm an address, phone number, and emergency contact information for the inmate.

## **Notify the Appropriate Local Health Department or DSHS Public Health Regional TB Program**

- ☐ Promptly notify the appropriate Public Health Region (PHR)/local health department (LHD) when an inmate is designated for release, transfer, or deportation from the facility and include the updated contact information.
- ☐ Send the completed [Texas Uniform Health Status Update Form](#) and other supporting documents, such as the [TB-400A](#) and the [TB-400B](#), to the PHR/LHD prior to release.
- ☐ Include all laboratory results, diagnostic results, medication regimens, and medical history in the notification of release.

## **Educate the Inmate**

- ☐ Discuss inmate's diagnosis with them (e.g., symptoms, infectiousness, transmission, treatment).
- ☐ Provide the inmate with relevant educational resources (see the Tuberculosis Resource Packet).

## **Discuss the Treatment Plan**

- ☐ Educate the inmate on their medication regimen (e.g., frequency, duration, dosage).
- ☐ Discuss potential side effects of treatment and whom they should contact if side effects occur. Provide sufficient TB medications to last until the inmate's first medical appointment with the PHR/LHD.
- ☐ Coordinate treatment provision and care with the appropriate PHR/LHD.
- ☐ Discuss the risk of untreated TB or partially treated TB.
- ☐ Provide medication log to the PHR/LHD.

## **Address Barriers to Care**

- ☐ Identify the educational, medical, or psychological needs of the inmate.
- ☐ Provide appropriate resources to address barriers to continuity of care (educational, social, etc.).
- ☐ Develop a plan to meet the inmate's treatment, care, and service needs.
- ☐ Provide name, address, and phone numbers of appropriate community services and providers.
- ☐ Notify PHR/LHD to refer foreign detainees to [CURE-TB](#) or Migrant Clinicians Network.

## **Appropriate Recordkeeping**

- ☐ Maintain records in accordance with institutional policies.
- ☐ Ensure all records are complete and accurate in accordance with local and state guidelines.